

**PEDIATRIC BOWEL/BLADDER SCREENING QUESTIONNAIRE**



Name: \_\_\_\_\_ Prefers to be called: \_\_\_\_\_ Age: \_\_\_\_\_

Grade: \_\_\_\_\_ Date of last MD visit: \_\_\_\_\_

Date this problem began? \_\_\_\_\_

Reason for this appointment: \_\_\_\_\_

List any tests for the condition that brings your child to this appointment: \_\_\_\_\_

Siblings/Home situation: \_\_\_\_\_

List of child's medications and reason for taking: \_\_\_\_\_

Has your child's activities been affected by this condition, and if so what? (example: embarrassed to play with friends, unable to attend sleepovers, feeling of shame, avoiding play dates/sports)

Does this problem seem to bother your child? \_\_\_\_\_

Does your child now have or have a history of the following?

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Pelvic Pain        | <input type="checkbox"/> Blood in urine           | <input type="checkbox"/> Surgically implanted device | <input type="checkbox"/> Low Back Pain      |
| <input type="checkbox"/> Kidney Infections  | <input type="checkbox"/> High/Low Blood pressure  | <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Bladder Infections |
| <input type="checkbox"/> Latex allergy      | <input type="checkbox"/> Vesicoureteral Reflux    | <input type="checkbox"/> Allergies                   | <input type="checkbox"/> Anxiety/Depression |
| <input type="checkbox"/> Asthma/Respiratory | <input type="checkbox"/> Physical or Sexual Abuse | <input type="checkbox"/> Cancer                      | <input type="checkbox"/> Diabetes           |
| <input type="checkbox"/> Surgeries          | <input type="checkbox"/> Neurologic Problems      | <input type="checkbox"/> Other _____                 |   |

Please explain yes responses: \_\_\_\_\_

Other Present/Past Medical History: \_\_\_\_\_

**BLADDER HABITS:**

1. How often does your child urinate during the day? \_\_\_\_\_ times per day, every \_\_\_\_\_ hours.
2. How often does your child wake at night to urinate? \_\_\_\_\_ times/night.
3. Does your child awaken wet in the morning? Y/N If yes, \_\_\_\_\_ days per week.
4. Does your child have the sensation (awareness) when they need to go to the toilet? Y/N
5. How long does your child delay going to the toilet once he/she needs to urinate? Circle one  
Not at all 1-2 minutes 3-10 minutes 11-30 minutes 31-60 minutes \_\_\_\_\_ hours
6. Does your child take time to go to the toilet and empty their bladder? Y/N
7. Does your child have difficulty initiating the urine stream? Y/N
8. Does your child strain to pass urine?
9. Does your child have a slow, stop/start or hesitant urinary stream? Y/N
10. Is the volume of urine passed usually: Large Average Small Very Small (circle one)
11. Does your child have the feeling their bladder is still full after urinating? Y/N

Therapist Signature/Date: \_\_\_\_\_

**PEDIATRIC BOWEL/BLADDER SCREENING QUESTIONNAIRE**



Name: \_\_\_\_\_

- 12. Does your child have the feeling their bladder is still full after urinating? Y/N
- 13. Does your child have any dribbling after urination: i.e. once they stand up from the toilet? Y/N
- 14. Please indicate your child's daily fluid intake: (one glass = 8 ounces)  
 \_\_\_\_\_ glasses of water \_\_\_\_\_ glasses of caffeinated drinks \_\_\_\_\_ glasses of other  
 Typical beverage choices: \_\_\_\_\_  
 Do you use artificial sweeteners? If yes, which ones \_\_\_\_\_
- 15. Does your child have "triggers" that make him/her feel like he/she can't wait to go to the toilet?  
 (i.e., running water, etc.) Y/N List: \_\_\_\_\_

**BOWEL HABITS:**

- 16. Frequency of bowel movements: \_\_\_\_\_ per day/week. Consistency: loose normal hard
- 17. Does your child strain to go? Y/N Ignore the urge to go? Y/N
- 18. Does your child have fecal staining on his/her underwear? Y/N How often? \_\_\_\_\_
- 19. Does your child have a history of constipation? Y/N For how long? \_\_\_\_\_

**SYMPTOM QUESTIONNAIRE - (check/fill in all that apply)**

- 1. Bladder leakage :  never  when playing  while watching TV/ video games  
 with strong cough/sneeze/physical exercise  nighttime sleep wetting
- 2. Frequency of urinary leakage-number(#) of episodes:  
 # per month  # per week  # per day  constant leakage
- 3. Severity of leakage:  none  few drops  wets underwear  wets outer clothing
- 4. Bowel leakage:  never  when playing  while watching TV/video games  
 with strong cough/sneeze/physical exercise  with strong urge to go
- 5. Frequency of bowel leakage-number(#) of episodes:  
 # per month  # per week  # per day
- 6. Severity of leakage:  none  stool staining  small amount in underwear  large amount
- 7. Protection worn:  none  tissue/panty liner  diaper  pull-ups
- 8. Ask your child to rate his/her feelings as to the severity of this problem:  
 0 \_\_\_\_\_ 10  
 Not a problem Major Problem
- 9. Rate the following statement as it applies to your child's life today:  
 My child's bladder is controlling his/her life.  
 0 \_\_\_\_\_ 10  
 Not true at all Completely True

What are your goals for physical therapy? \_\_\_\_\_

Signature & Relationship of person completing this form \_\_\_\_\_ Therapist Signature/Date/Time \_\_\_\_\_